

## 糖尿病養生之道 (國語)

### Traditional Chinese Medicine Tips for Diabetes (Mandarin)



#### 糖尿病知多少系列

#### WHAT YOU NEED TO KNOW ABOUT DIABETES

活動編號 Program #328

五月十六日(星期日)

Sunday, May 16, 2010

下午二時半至四時十五分

2:30pm - 4:15pm

列治文公共圖書館演講廳

Lecture Hall, 7700 Minoru Gate, Richmond

請預先報名

Registration Required

講者：胡永輝醫師 (高級中醫師)

Speaker: Dr. Harvey Hu (Doctor, TCM)

- 糖尿病一般療理 General management of diabetes
- 糖尿病與中國傳統醫學 Diabetes and Traditional Chinese Medicine
- 糖尿病的食療 Nutrition for diabetes
- 糖尿病的運動 Physical activities for diabetes

#### 查詢 Information :

糖尿病華語專線 Chinese information line, Canadian Diabetes Association (604)732-8187

列治文公共圖書館 (604)231-6413 (English) / (604)231-6462 (華語)

由加拿大Eli Lilly公司教育補助金資助

Supported by an educational grant from Eli Lilly Canada Inc.

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